

Debbie Stephanie Torres, M.A.

CURRICULUM VITAE

Sam Houston State University | Huntsville, TX | CHSS 343
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EDUCATION

Doctor of Philosophy Clinical Psychology Sam Houston State University – Huntsville, TX (APA Accredited) Research Focus: Behavioral Medicine & Health Psychology	In Progress
Master of Arts Clinical Psychology University of Houston-Clear Lake – Clear Lake City, TX Research Focus: Behavioral Medicine & Child Behavior Master's Thesis: <i>Psychosocial Risk Factors Predict Prescription Opioid Usage After Spine Surgery</i>	2019
Post – Baccalaureate Psychology University of Houston Downtown – Houston, TX	2016
Bachelor of Science Biology Texas Tech University – Lubbock, TX Minor: Chemistry	

CLINICAL TRAINING

Clinic Coordinator Sam Houston State University – Huntsville, TX Psychological Services Clinic Doctoral Clinical Practicum Supervisors: Jorge Varela, Ph.D., Jaime Anderson, Ph.D., Mary Alice Conroy, Ph.D. ABPP Description: Community-based psychological services clinic for English- and Spanish-speaking children, adolescents, and adults	2021 – present
Graduate Student Clinician Sam Houston State University – Huntsville, TX Psychological Services Clinic Doctoral Clinical Practicum Supervisors: Jorge Varela, Ph.D., Craig Henderson, Ph.D., Darryl Johnson, Ph.D., Mary Alice Conroy, Ph.D. ABPP Description: Community-based psychological services clinic for English- and Spanish-speaking children, adolescents, and adults, as well as adult and juvenile forensic evaluations	2020 – present
Interventionist Sam Houston State University – Huntsville, TX University Mental Health Couples' Study Intervention Supervisor: Chelsea Ratchiff, Ph.D. Description: Conducted couples' therapy for an IRB-approved study intervention	2019 – present
Master's Clinical Intern Shriners Hospitals for Children (Pediatric Burn Center) – Galveston, TX Master's Clinical Internship Clinical Supervisors: Marta Rosenberg-Cavazos, Ph.D., Laura Rosenberg, Ph.D., Brent Smith, Ph.D.	2018 – 2019

Internship Coordinator: William Norwood, Ph.D.

Description: Individual- and family-focused psychological services for English-and Spanish-speaking inpatient and outpatient children with burn injuries

Master's Graduate Clinician

2018

University of Houston-Clear Lake – Clear Lake City, TX

University of Houston-Clear Lake Psychological Services

Master's Clinical Practicum

Supervisor: Sara Elkins, Ph.D.

Description: Community-based psychological services clinic for children, adolescents, and adults

RESEARCH EXPERIENCE

Graduate Study Coordinator (Grant-Funded)

2020 – present

Sam Houston State University – Huntsville, TX

University of Houston – Houston, TX

Supervisor: Amanda Venta, Ph.D. & Jeremy Bechelli, Ph.D.

Description: Coordinator of R15 NIMHD Grant Project; Data Collector; Undergraduate & Master's Level Supervisor; Manuscripts & Presentations

Graduate Research Assistant

2019 – present

Sam Houston State University – Huntsville, TX

Integrated Health Lab

Supervisor: Chelsea Ratcliff, Ph.D.

Description: Coordinator of Be-WEL and Couples-Based Mindfulness Intervention Studies; Undergraduate Supervisor; Manuscripts & Presentations

Graduate Research Assistant

2018 – 2019

University of Houston-Clear Lake – Clear Lake City, TX

Psychological Assessment in Medical Settings Research Lab

Supervisor: Ryan Marek, Ph.D.

Graduate Research Assistant

2017 – 2019

University of Houston-Clear Lake – Clear Lake City, TX

Child and Youth Behavior Research Lab

Supervisor: Sara Elkins, Ph.D.

Research Study Coordinator

2016 – 2019

Shriners Hospital for Children Pediatric Orthopedic & Cleft Lip/Palate Care – Houston, TX

Department: Research Medical Staff

Description: Bilingual clinical outcome research for children with orthopedic needs with a specific focus on: Orthopedic care clinical outcome, FDA Dysport clinical study for lower extremity spasticity, & Evaluation of Narcotic Prescription among Surgeons

Supervisors: Judith Linton, PT, M.S., & Douglas Barnes, M.D.

Research Assistant

2014 – 2016

The University of Texas MD Anderson Cancer Center – Houston, TX

Department: Behavioral Science, Division of Cancer Prevention and Population Sciences (Moon Shot Program)

Description: National and international bilingual tobacco prevention and cessation programs for children, adolescents, and cancer patients

Supervisors: Alexander Prokhorov M.D., Ph.D., Karen Calabro, Dr.PH, & Irene Tami-Maury, D.M.D, MSc., Dr.PH.

Data Collector

2014

The University of Texas Health Science Center – Houston, TX
 Department: Children’s Learning Institute: English Language Learners
 Description: Conducted quality assessments and interviews that accurately reflected a child’s level of knowledge and understanding (in English and Spanish) in Houston Independent School District and day-care centers
 Supervisor: Michael Assel, Ph.D.

SUPERVISION EXPERIENCE**Peer Supervisor**

2021 – present

Sam Houston State University – Huntsville, TX
 Psychological Services Clinic
 Capstone Practicum
 Description: Co-facilitate supervision sessions of a multilingual second-year doctoral student by reviewing therapy and assessment services, as well as providing feedback on case conceptualizations and psychodiagnostic evaluations
 Supervisor: Jorge Varela, Ph.D. & Craig Henderson, Ph.D.

Peer Supervisor

Summer 2021

Sam Houston State University – Huntsville, TX
 Psychological Services Clinic
 Introduction to Doctoral Clinical Practicum
 Description: Co-facilitated supervision sessions of a second-year doctoral student by providing direct feedback on mock sessions emphasizing foundational clinical skills
 Supervisor: Mary Alice Conroy, Ph.D., ABPP (Forensic Psychology)

TEACHING EXPERIENCE**Instructor**

2020 – 2021

Sam Houston State University – Huntsville, TX
 Course: Introduction to Psychology – Undergraduate

Teaching Assistant

Summer 2018

University of Houston-Clear Lake – Clear Lake City, TX
 Course: Graduate-Level Basic Psychotherapy Skills & Professional Orientation
 Description: Graded student assignments, evaluated basic psychotherapy videos, assisted with in-class role-plays, and assessed use of basic psychotherapy skills
 Supervisor: Steven Bistricky, Ph.D.

Member Didactic

2018

University of Houston-Clear Lake – Clear Lake City, TX
 Child and Youth Behavior Research Lab
 Topic: Problem Solving Communication Training for Teens

Member Didactic

2018

University of Houston-Clear Lake – Clear Lake City, TX
 Child and Youth Behavior Research Lab
 Topic: Child Development Milestones

Student Teacher

2013

Texas Tech University- Lubbock Independent School District – Lubbock, TX
 Middle School Level
 Courses: Biological & Physical Science

SCHOLARLY PUBLICATIONS

POSTER PRESENTATIONS

1. **Torres, D.** Ratcliff, C., Darnell, M., Salami, T., & Weng, D.L.C. (2021, April). Associations Among Mindfulness, Religiosity, & Psychological Distress Within Ethnically/Racially Diverse College Students. Poster to be presented at the 42nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Virtual Meeting.
2. **Torres, D.**, Willingham, H., & Ratcliff, C. (2020, November). Examining the Association of Difficulties in Emotion Regulation and Substance & Medication Use with Underlying Personality Pathology and Mindful Eating Traits Among College Students. Poster to be presented at Association for Behavioral and Cognitive Therapies, Virtual Meeting.
3. **Torres, D.**, Ratcliff, C., & Cardinal, C. (2020, November). Examining the Effectiveness of a Multidisciplinary Training in Workplace Wellness for Correctional Officers. Poster to be presented at Texas Psychological Association, Virtual Meeting.
4. Darnell, M., **Torres, D.**, & Ratcliff, C. (2020, April). Mindfulness, Religiosity, and Perceived Stress... Do these ingredients really make a difference on our moods and feelings?!. Poster to be presented at the Undergraduate Research Symposium, Huntsville, TX. (Conference canceled)
5. Willingham, H., **Torres, D.**, & Ratcliff, C. (2020, April). Does Emotion Regulation and Particular Personality Factors Contribute to Overall Substance Use in a College-Aged Sample?. Poster to be presented at the Undergraduate Research Symposium, Huntsville, TX (Conference canceled)
6. **Torres, D.**, Marek, R.J., Block, A.R., & Ben-Porath, Y.S. (2019, March). Using the MMPI-2-RF to Predict Prescription Opioid Use After Spine Surgery/Spinal Cord Stimulation. Poster presented at the 2019 Society for Personality Assessment, New Orleans, LA.
7. Turner, K. **Torres, D.**, Speer, Z., Walther, C., & Elkins, S.R. (2019, February). Impact of Clinical Diagnosis and Family Values on Acceptability of Behavioral Parent Training Skills. Poster presented at the 2019 Miami International Child and Adolescent Mental Health (MICAMH), North Miami, FL.
8. **Torres, D.** & Ovalle, C. (2018, April). Feeling Busy? Determining Emotional States of Graduate Level Students During Midterms. Poster presented at the 2018 UHCL Student Conference for Research and Creative Arts, Houston, TX.
9. **Torres, D.**, Turner, K., Speer Z., Walther, C., & Elkins, S.R. (2018, April). Acceptability of Behavioral Parent Training Skills: Examination of Family Values on Intent to Implement Skills. Poster presented at the 2018 UHCL Student Conference for Research and Creative Arts, Houston, TX.
10. Calabro, K.S., Marani, S.M., Le, T.A., **Torres, D.**, Tami-Maury, I., Khalil, G., & Prokhorov, A.V. (2016, March). Evaluation of two approaches for connecting underserved teens to a tobacco prevention and cessation program. Poster presented at the Society for Research on Nicotine and Tobacco 2016 Annual Meeting in Chicago, IL.
11. Gomez, N., Grey, S., Martin, R., Mouzon, N., Smith, C., & **Torres, D.** (2013, April). Reducing Occurrences of Aneuploidies by Expression of Synaptonemal Complex Genes. Poster presented at the Undergraduate Cell Biology Poster Presentation, Lubbock, TX.

INVITED TALKS

1. **Guest Speaker**, Instructor Workshop with Dean Kenneth E. Hendrikson, Ph.D., Sam Houston State University (2021, July)
Provided insight on the role of an undergraduate instructor, primarily noting campus population, teaching skills, and student-instructor balance
2. **Guest Speaker**, Psychopathology Graduate Course, Sam Houston State University (2020, Aug)
Discussed experiences as a graduate student clinician on multicultural considerations in psychodiagnostics assessments and therapy to a psychopathology class comprised of doctoral and master's level students
3. **Invited Panelist**, The Graduate School, Sam Houston State University (2020, Nov)
Alongside two graduate-level colleagues, discussed graduate education experience and application processes to undergraduate students at Sam Houston State University

WORKSHOPS & SEMINARS

1. Phillips, J., Hari, C., **Torres, D.**, Henderson, C., & Varela, J. (2020, February). A Multicultural Approach to Mental Health. Workshop presented at the 16th Annual Diversity Leadership Conference, Huntsville, TX
2. Martinez, M., **Torres, D.**, Guzman, M., Schmidt, S., Cruz, A., & Elkins, S.R. (2018, May). Capacitación y Entrenamiento para Padres de Familia (Behavior Management Training for Parents). A 3-hour invited seminar presented to Spanish-speaking community members in El Campo, TX.
3. Casillas, L., Turner, K., **Torres, D.**, Patterson, P., Nguyen, T., & Elkins, S.R. (2018, April). Behavior Management Training for Parents of Teenagers. A 3-hour invited seminar presented to the Center for Success and Independence, Houston, TX.
4. Nguyen, T., Schield, S., Martinez, M., **Torres, D.**, Speer, Z, Turner, K., Casillas, L., & Elkins, S.R. (2018, January). Behavior Management Training for Parents of Teenagers. A 3-hour invited seminar presented to the Center for Success and Independence, Houston, TX.
5. Le, T. & **Torres, D.** (2015). The University of Texas MD Anderson Cancer Center Moon Shot Program: ASPIRE Tobacco Prevention. A 2-hour invited seminar presented to high school students, Houston, TX.

PEER-REVIEWED PUBLICATIONS

1. Ratcliff, C.G., Bonthala, S., **Torres, D.**, Korupolu, R. (accepted). Tele-rehabilitation for integrative health. In M. Alexander (Ed.) *Telerehabilitation: Principle and Practice*. Amsterdam: Elsevier.
2. Ratcliff, C.G., **Torres, D.**, Tullos, E., & Lu. Q. (2020) A systematic review of behavioral interventions for rural breast cancer survivors. *Journal of Behavioral Medicine*.
3. Nghiem, D.M., Gomez, J., Gloston, G.F., **Torres, D.S.**, & Marek, R.J. (2019). Psychological Assessment Instruments for Use in Liver and Kidney Transplant Evaluations: Scarcity of Evidence and Recommendations. *Journal of Personality Assessment*.

MANUSCRIPTS IN PREPARATION

1. Senger, A.R., **Torres, D.**, & Ratcliff, C.G. (submitted) Gratitude and Mindfulness as Predictors of Potentially Morally Injurious Events in First Responders. *Psychological Trauma: Theory, Research, Practice, and Policy*
2. Hari, C., **Torres, D.**, & Salami, T. (submitted) Building the Case for Mindfulness Techniques Among Hispanic/Latinx Americans with Posttraumatic Stress Disorder: Using Evidence from Theory and Empirical Research. *Behavior Modification*.

GRANT FUNDING

COMPLETED AND CURRENT AWARDS

Source: National Institute of Minority Health and Health Disparities
Title: The Physiological & Relational Bases of PTSD in Latino Immigrant Youth
Role: Graduate Research Coordinator (Principle Investigator: Amanda Venta, Ph.D. & Jeremy Bechelli, Ph.D.)
Award Amount: \$406,492
Date: September 2020

SUBMITTED

Source: National Institute of Health – Research Enhancement Award Program (REAP)
Title: Discrimination and Non-Communicable Diseases
Role: Assisted in grant writing and submission (Principle Investigator: Temilola Salami, Ph.D.)
Date: October 2020

Source: John Templeton Foundation
Title: Discrimination and Non-Communicable Diseases
Role: Assisted in grant writing and submission (Principle Investigator: Temilola Salami, Ph.D.)
Date: August 2020

SERVICE

LEADERSHIP POSITIONS

Executive Officer – Vice President Graduate Student Psychology Organization, Sam Houston State University – Huntsville, TX	2021 – present
Student Volunteer , 42nd Annual Meeting & Scientific Sessions, Society of Behavioral Medicine – Virtual Conference	April 2021
Executive Officer – Secretary , Graduate Student Psychology Organization, Sam Houston State University – Huntsville, TX	2020 – 2021
Student Submission Co-Reviewer , Student Program Committee Member, Association for Behavioral and Cognitive Therapies (ABCT)	2020 – present
Executive Officer – Student Membership Coordinator , Clinical Psychology Student Association (CPSA), University of Houston-Clear Lake – Clear Lake City, TX	2018 – 2019
Executive Officer – Community Outreach Coordinator , Clinical Psychology Student Association (CPSA), University of Houston-Clear Lake – Clear Lake City, TX	2018 – 2019
Interview Group Lead , UHCL Clinical Psychology Program Interview Weekend, University of Houston-Clear Lake – Clear Lake City, TX	2018 – 2019

UNIVERSITY AND PROGRAM INVOLVEMENT

Peer Mentor , ROAD to PhD, Sam Houston State University – Huntsville, TX	2021 – present
Peer Mentor , Integrative Health Lab – Undergraduate Members & Doctoral Program Cohorts (2020 & 2021) Sam Houston State University – Huntsville, TX	2019 – present
Member , Doctoral Program Diversity Committee, Sam Houston State University – Huntsville, TX	2019 – present
Member ; Graduate Student Psychology Organization, Sam Houston State University – Huntsville, TX	2019 – present
Volunteer , Emily G. Sutter UHCL Symposium for Mental and Behavioral Health, University of Houston-Clear Lake – Clear Lake City, TX	2019

AD HOC REVIEWING

Cognitive Behaviour Therapy (Impact Factor: 4.413)
Mindfulness (Impact Factor: 3.581)

PROFESSIONAL DEVELOPMENT AND TRAINING

Healing Racial Trauma for BIPOC Practitioners, Students, and Trainees APA Minority Fellowship Program - Webinar	2021
Health Psychology Internship Panel Society of Behavioral Medicine – Remote	2021
Developing Psychotherapy Strategies to Foster Resilience and Prevent Trauma Among Immigrant Communities	2020

American Psychological Association - Webinar

Webinar Resources for Telepsychology Practice in the Age of COVID-19 The National Register of Health Service Psychologists (APA) – Webinar	2020
Refugee Mental Health and Wellness Conference The Alliance – Houston, TX	2020
Pragmatics of Telepsychology Practice in Age of COVID-19 National Register of Health Service Psychologists – Webinar	2020
Behavioral Health & Ethical Challenges as We Respond to Pandemics Texas Psychological Association – Webinar	2020
2020 Physicians for Human Rights Asylum Network Training at BCM Baylor College of Medicine – Houston, TX	2020
Best practices and Risk Management in Working with Suicidal Clients: Ethical and Practical Considerations Texas Psychological Association – The Woodlands, TX	2020
Sam Houston State University – The Woodlands Center – The Woodlands, TX Emily G. Sutter UHCL Symposium for Mental and Behavioral Health University of Houston-Clear Lake – Clear Lake City, TX	2019
Improving Gait in Children with Cerebral Palsy with Rhizotomy: A Multidisciplinary Approach Lectureship Shriners Hospitals for Children – Houston, TX	2018
Children’s Education Conference The University of Texas MD Anderson Cancer Center– Houston, TX	2015
Tobacco Centers of Regulatory Science (TCORS) The University of Texas MD Anderson Cancer Center – Austin, TX	2015

PROFESSIONAL AFFILIATIONS

Student Member , Society of Behavioral Medicine (SBM)	2020 – present
Student Member , National Latinx Psychological Association (NLPA)	2020 – present
Student Member , Texas Psychological Association (TPA)	2020 – present
Student Member , American Psychological Association (APA)	2019 – present
Student Member , Association for Behavioral and Cognitive Therapies (ABCT)	2018 – present
Student Member , Society for Personality Assessment (SPA)	2018 – present

HONORS AND AWARDS

Student Volunteer Program, Society of Behavioral Medicine (total \$100 registration fee)	2021
R.O.A.D. to Ph.D. Scholar, Sam Houston State University	2020 – present
First Place Poster, Society for Personality Assessment 2019 Annual Convention	2019
Diversity Support Grant, Society for Personality Assessment 2019 Annual Convention (total \$1,000)	2018
Student Travel Grant, Society for Personality Assessment (total \$243.77)	2018
January Employee of the Month, Shriners Hospitals for Children-Houston	2018
Chi Alpha Advisor of the Year, Sigma Lambda Gamma National Sorority, Inc., University of Houston	2015 – 2016

CERTIFICATIONS

Human Subjects Training 2020 – 2024

CITI Program

Courses: Social Behavioral Educational Researchers; RCR Social, Behavioral, and Education (SBE) Sciences; Biomedical Researchers

GCP Clinical Trials 2020– 2023

CITI Program

Course: Good Clinical Practice for Clinical Trials with Investigational Drugs and Medical Devices (U.S. FDA Focus)

Basic Life Support 2019 – 2021

American Heart Association

ADDITIONAL QUALIFICATIONS

Language Fluent in Spanish: Read, write, speak, translate, and interpret

Laboratory Chemistry, Organic Chemistry, Biology, Genetics, Botany, Microbiology, Anatomy and Physiology

REFERENCES

Upon request